

Something Extra Preschool



Welcome!

We have had a very exciting summer! Wheel day was a huge success with many children bringing all kinds of activities to ride, everyone shared and had a great time. We had a fun time at the movies and Mr. Illusion always amazes us! But best of all was our End of Summer Bash with the water slide and great fun outside. This summer will be missed, but we have a ton of things to do this fall. We are starting off with putting together Developmental Profiles and ASQs for every child and ending those with Parent Teacher Conferences Sept. 12 - 16. Please sign up with your child's teacher for a conference, we are excited to show you their progress and our plans for continued success!

High Quality Childcare Benefits Children for Years

In the pantheon of parenting decisions — natural childbirth or epidural? Infant carrier or convertible car seat? — deciding on child care holds sway among the biggest stressors. For full-time working parents, day care is where Junior will spend the bulk of his waking hours. It's not a choice to be made lightly.

Research has shown that high-quality early child care can have a significant impact on children's well-being, and now a new study in the journal *Child Development* finds that it's important for Mom too.

Researchers at the University of Texas at Austin looked at data from more than 1,300 children whose care settings were evaluated at various intervals from the time they were

a month old until they turned 4½. Their mothers were interviewed too. Those moms whose kids were cared for early on in "high-quality non-parental care" settings — either in day care centers or in others' homes — were more likely than mothers who cared for their kids themselves or sent them to low-quality day care to be involved in their children's schools starting in kindergarten. Being involved in their kids' schools didn't necessarily mean giving up all free time to serve as PTA president; rather, it included being in regular communication with teachers, getting involved with the school community by attending an open house or forging friendships with parents of children's classmates. Continued on the next page...



Grand Parent's Luncheon

When: Sept 9 11:30 a.m.

Where: Something Extra Preschool

Who: Grandparents

Start your weekend off right!



Like us on Facebook!

You will be entertained
while at work!

Upcoming Events

Sept 5: Closed for Labor Day

Sept 9: Grandparent Luncheon (11:30a.m.)

Sept 12 - 16: Parent / Teacher Conferences

Sept 13: Fire Fighter Visit

Oct 13: Fall Portraits

Oct 19: Bishop's Pumpkin Patch Field Trip

Oct 28: Halloween Party

Nov 11: Closed for Veteran's Day

Nov 18: Thanksgiving Feast for the WHOLE FAMILY

Nov 24 & 25: Closed for Thanksgiving Holiday

Dec 9: Parent's Night Out 6 - 9 p.m.

Dec 26: Closed for Christmas Holiday

High Quality Childcare Benefits Children for Years (continued)

Robert Crosnoe, a professor of sociology in the Population Research Center at the University of Texas at Austin who led the study, notes that "children make a smoother transition to school when families and schools are strongly connected."

A separate study published last month in the journal *Developmental Psychology* confirms the importance of good child care: people who attended high-quality child care in the 1970s are still reaping the benefits 30 years later. In this study, researchers at the University of North Carolina at Chapel Hill (UNC) found that graduates of high-quality child care had more years of education and

were four times more likely to have earned college degrees than members of a control group – 23% compared to 6%.

This information was taken from an article in *Time Magazine*. To see the full article go to healthland.time.com Family Matters by Bonnie Rochman February 15, 2012